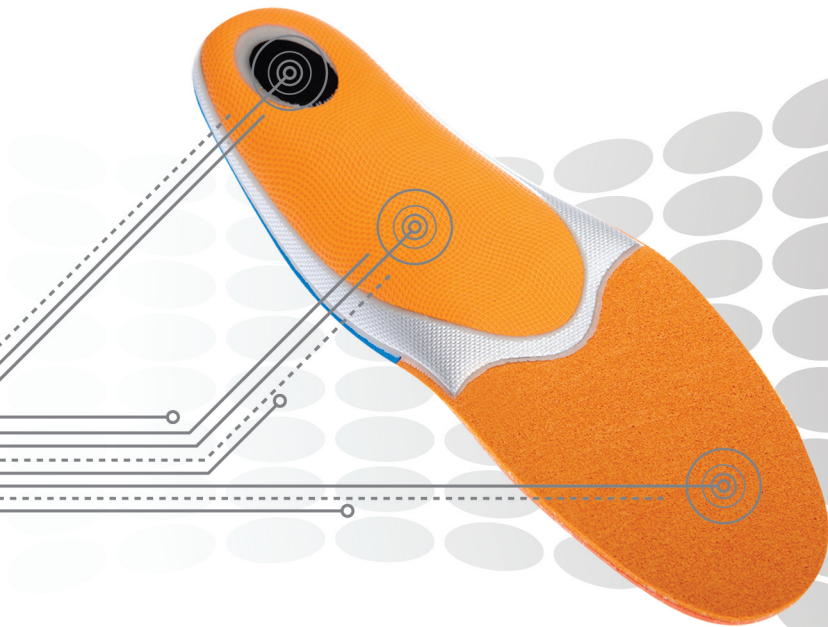


# MetriX<sup>3</sup>

***Performance,  
molded into the shape of your feet.***

## • Direct molding technique

- Easy to use
- Efficient performance
- High-performance sports insoles



Le Groupe

**Trimétrie**

*The foot, at the heart of our concerns...*

## Step 1 Preparation and Fitting

Estimated time :  
**2 to 3 minutes**

1. Determine the sport and the size of the customer's insoles.
2. Remove the current insoles from the customer's shoes (if possible).
3. Clean the bottom of the shoes.
4. Confirm size and fitting of the sports insoles and cut as needed.
5. Place some **talcum powder** at the bottom of the shoes to prevent the insoles from sticking to the inside of the shoes.

## Step 2 Heating Technique

Estimated time :  
**2 to 3 minutes**

### Objective

Render the **MetriX<sup>3</sup>** insoles malleable and thermoformable.

By heating the **MetriX<sup>3</sup>** Sports Insoles properly, the product will temporarily lose its rigidity, allowing for the molding of the footprint.

### Hot Air Gun

From left to right, using a steady movement, heat the underside of the insoles until the materials lose their resistance and are malleable. The heating time varies from 1 to 2 minutes depending on the type of insole selected. This technique also allows local heating for minor adjustments.

 **WARNING!** - The materials can become very hot. Handle with care.

## Step 3 Molding Technique

Estimated time :  
**2 to 3 minutes**

### Objective

Direct molding of the **MetriX<sup>3</sup>** insoles.

Insert the heated insoles inside your customer's shoes. Then, ask them to put their feet into the shoes and stand up with their knees bent, making sure they are in line with their toes. Your customer should wear a pair of socks.

For the molding to be efficient, your customer must keep their feet inside the shoes for about 2 minutes and make some dynamic movements, such as walking or hopping up and down to ensure that the insoles mold well into the feet and shoes. After casting, your customer can take their feet out of the shoes. Leave the insoles inside the shoes and ask your customer to wait for at least one hour before using them.

During the molding process, you must make sure that your customer is comfortable. It is possible to reheat the insoles if needed and repeat step 2 to 3.



### Result

After step 3, you get a pair of insoles that offers:

- The comfort provided by a molded product
- Impact Absorption
- Energy Transfer
- Foot-Stabilization
- Lateral Reinforcement
- Vibration Control

Your customer has to be aware that the **MetriX<sup>3</sup>** insoles will change their usual body balance and that they will need to get used to doing sports with them. For example, if your customer is used to running 5 km per day, they should start by walking with their new **MetriX<sup>3</sup>** insoles during the first week.